



CENTRE EUROPEEN DU BOUDDHISME SÔTÔ ZEN

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ANNUAL SEMINAR

Organized by Centre Européen du Bouddhisme Sôtô Zen

La Gendronnière, Friday 19 - Sunday 21 October 2012

Friday 19 October

18h30 (around)	Reception
20h	Dinner
22h	Rest

Saturday 20 October

06h	Wake up
06h30	Zazen
	Morning Ceremony (Hannya-shingyô, Sandôkai, Gojûshichi-butsu)
	Opening Ceremony (Hannya-shingyô) – Picture
08h00	Breakfast (at dining hall)
09h30	Seminar: first part - prof. Seijun Ishi
12h30	Lunch
14h30-17h00	Seminar: second part - prof. Seijun Ishi
17h30-20h00	Free time
20h00	Dinner
22h	Rest

Sunday 21 October

06h	Wake up
06h30	Zazen
	Morning Ceremony (Hannya-shingyô, Hôkyôzanmai, Gojûshichi-butsu)
08h00	Breakfast (at dining)
09h00-12h00	Seminar: third part – prof. Seijun Ishi – Conclusions - Questions and answers
12h30	Lunch

This program could be modified according to circumstances